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#### **Education:**

1. PhD degree, field: traditional pharmacy

Kerman University of Medical Sciences, Kerman, Iran

2. MS degree, Field: pharmacy

Kerman University of Medical Sciences, Kerman, Iran

### Thesis' title:

1. Quantitative and Qualitative Control, Total Phenolic Content Determination, In Vitro Antioxidant and In vivo Hepatoprotective Assessments, and Preparation of Polyherbal Formulation of Zereshk-e- saghir

Mark: 19.93 Ph.D. degree

2. "Extract of Teucrium polium adsorbed on zinc oxide nanoparticles as a fortified sunscreen."

Mark:20 Pharm.D. degree

#### **Publications:**

- 1. Sarhadynejad Z, Sharififara F, Pardakhty A, Nematollahi M, Sattaie-Mokhtarid S, and Mandegary A, Pharmacological safety evaluation of a traditional herbal medicine "Zereshk-e-Saghir" and assessment of its hepatoprotective effects on carbon tetrachloride induced hepatic damage in rats. J ethnopharmacol, 2016. 190: p. 387-395.
- 2. Zarrin Sarhadynejad, Abbas Pardakhty, Ali Mandegary, Suleiman Afsharypuor, Fariba Sharififar. Physicochemical Characterization, Standardization and In Vitro Determination of Radical Scavenging Activity of Zereshk-e-Saghir, A Traditional Peparation, and Its Ingredients. Accepted.
- 3. Mehdi Ansari, Fariba Sharififar,1 Maryam Kazemipour,2 Zarrin Sarhadinejad, and Hamid Mahdavi,Teucrium polium L. extract adsorbed on zinc oxide nanoparticles as a fortified sunscreen, Int J Pharm Investig. 2013 Oct-Dec; 3(4): 188–193.
- 4. Mehdi Ansari1, Touba Eslaminejad1\*, Zarrin Sarhadynejad and Tahereh Eslaminejad. An Overview of the Roselle Plant with Particular Reference to Its Cultivation, Diseases and Usages, European Journal of Medicinal Plants, 2013, Vol.: 3, Issue.: 1 (January-March)

## **Lectures, and Papers in Congresses:**

- 1. Pharmaceutical evaluations on a modified traditional hepatoprotective preparation; Decmber, 9, 2017 .(Lecture)
- 2. Medicinal Plants Used For Gastrointestinal Disorders, July 2017. (Lecture)
- Z.Sarhadynejad, A.Mandegary, F.Sharifar. Assessment of hepatoprotective effect of traditional Iranian herbal medicine Zereshk-e- saghir on carbon tetracholridee induced hepatic damage in rats. The First International Congress Of Complementary And Alternative Medicine, 2015, Mashhad, Iran. (Poster)
- **4.** A review of traditional pharmacy, 15th seminar of Iranian pharmaceutical student, 2010, Kerman, Iran. (Lecture)
- M. Ansari, F. Sharififar, M. Kazemipour, H. Mahdavi, Z. Sarhaddizadeh, Extract of Teucrium polium L. adsorbed on zinc oxide nanoparticles as a fortified sunscreen, American Association of Pharmaceutical Scientists, Annual Meeting, USA, 2006.( Accepted as a poster)

# **Skills and Expertise:**

**Antioxidant Activity** 

Phytochemicals

Herbal Medicine

Free Radical Scavengers

Ethnopharmacology

Ethnomedicine

Hepatoprotective Activity

Ayurvedic Medicine