

Resume

1. Personal Information

Surname: Karegar-Borzi

Forename: Hossein

Title: MD-PhD.

Gender: Male

Marital Status: Married

Nationality: Iranian

Languages: Farsi (Main), English

Date and Place of Birth: 24, 8, 1977, Shahr-e Babak, Kerman, Iran

Academic position: Assistant Professor in Kerman University of Medical Sciences, School of Persian Medicine

Iranian Medical Council Registration: 101231

2. Contacts

2.1. Email

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2.2. Professional Address

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3. University Education:

	Field of Study	School /Faculty	University	Years
General Practitioner (GP)		Faculty of Medical Sciences	Kerman University of Medical Sciences	-2004
Doctor of philosophy in Iranian Traditional Medicine (PhD)	Iranian Medicine	Faculty of Traditional Medicine	Tehran University of Medical Sciences	2012-2017

4. My Thesis:

	Title	Supervisor
General Practitioner (GP)	Evaluation of the relative abundance of sexual dysfunctions in war veterans	Dr. Ghodratollah Rajabizadeh
Persian Medicine. D	The effect of squill oxymel, a Traditional Iranian Medicine product, on treatment of asthmatic patients: a triple-blind randomized Clinical trial	Dr. Mehrnaz Asadi Gharabaghi Dr. Fatemeh Nejatbakhsh

5. Skills & Honors

Skill

Skill	Level
English language	Intermediate
Arabic language	Intermediate
MS-Word	Expert
MS-PowerPoint	Intermediate

Honors

1	First rank of integrated board exam PhD Traditional Medicine of Tehran University of Medical Sciences, 2014
2	The top student of the sixth entrance of PhD Traditional Medicine of Tehran University of Medical Sciences
3	Fourth rank of entrance exam for PhD Traditional Medicine, Iran, 2012

6. Teaching experiences

Row	Title	Academic grade	Course	Semester
1	Persian texts	PhD students	3	1 (2017)
2				

7. Research activities

7-1. Journal publications

Title	Authors	Journal	Year
Squill Oxymel, a traditional formulation from <i>Drimia Maritima</i> (L.) Stearn, as an add-on treatment in patients with moderate to severe persistent asthma: A pilot, triple-blind, randomized clinical trial	Fatemeh Nejatbakhsh, Hossein Karegar-Borzi* , Gholamreza Aminb, Alireza Eslaminejad, Mostafa Hosseinid, Mahbubeh Bozorgie, Mehrnaz Asadi Gharabaghi	Journal of Ethnopharmacology ISI IF=2.981	2017
Laūq: A Sustained-Release Dosage Form for Respiratory Disorders in Traditional Persian Medicine	Hossein Karegar-Borzi , Mehdi Salehi, Roja Rahimi	Journal of evidence-based complementary & alternative medicine	2016
Medicinal Plants for Management of Gastroesophageal Reflux Disease: A Review of Animal and Human Studies	Mehdi Salehi, Hossein Karegar-Borzi , Mehrdad Karimi, Roja Rahimi	The Journal of Alternative and Complementary Medicine ISI IF=1.395	2017
The Role of Sleep in Promoting Health from the Viewpoints of Traditional Iranian Medicine: A Review Study (full text in Persian)	Setayesh M, Keshavarz M, Salehi M, Karegar-Borzi H , Mirzaei MR.	Journal of Islamic and Iranian Traditional Medicine	2004

7-2. Approved projects & proposals:

Row	Title	Assistant/executive	Year
1	The effect of squill oxymel, a Traditional Iranian Medicine product, on treatment of asthmatic patients: a triple-blind randomized Clinical trial	Assistant	2015
2	The effect of squill oxymel, a Traditional Iranian Medicine product, on treatment of COPD: a triple-blind randomized Clinical trial	Assistant	2016

8. Executive experiences

1	Head of Shahr-e Babak Healthcare Network	2010-2012
2	Head of Shahr-e Babak Health Center	2007-2012
3	Head of Shahr-e Babak Crisis Operation Guidance	2010-2012
4		

9. Workshop experiences

Topic	Participation/Tutorial	Place	Year
Lung diseases in traditional medicine	Tutorial	Ministry of Health and treatment	2016 Feb
Asthma disease in traditional medicine	Tutorial	Ministry of Health and treatment	2017 Feb
Male sexual dysfunction	Tutorial	Kerman	2017
Temperament Survey in traditional medicine	Tutorial	Kerman	2017